

Welcome to Polly the Travel Frog Posting for the 1st Time...



The image shows a screenshot of the website 'Polly The Travel Frog'. At the top, there is a dark grey navigation bar with white text links: [buy polly](#), [contact](#), [home](#), [login](#), [register](#), and [help](#). Below this is a green banner with the text 'Polly The Travel Frog' in white. A green arrow points from the 'register' link to a white instruction box with a green border. The box contains two steps: 1. After you receive your Polly the Travel Frog in the mail, come back to www.pollythetravelfrog.com and 2. Click here to register your frog....

[buy polly](#) [contact](#) [home](#) [login](#) [register](#) [help](#)

Polly The Travel Frog

1. After you receive your Polly the Travel Frog in the mail, come back to www.pollythetravelfrog.com

2. Click here to register your frog....

u take her next?

Use the information card that comes with your frog to register...

Register For This Site

Username

1. Enter Your Polly Frog here...

E-mail

2. Enter your email address here...

3. Enter your first name here...

Invitation Code:

4. Enter your invitation code here...

You will need an invitation code to register.

5. Click here...

Register

[Log in](#) | [Lost your password?](#)

Enter your frog name exactly the way it is listed on your information card. Example: Polly 999

FYI: If you happen to be registering more than one frog, a different email account needs to be used for each one.

Your name and email address will be seen only by the administrators of the site and will not be made public.

Thank you for registering your frog!

- Check your email account
- You will receive an email from the site administrator which will include your username and password
- You are now ready for your first post!

The registration process should take you straight to the login screen, if it doesn't head back to the homepage and click the login button...



Log In...



Username

Type your "Username" here...

Password

Cut and paste your "Password" here...

Remember Me

Log In

[Lost your password?](#)

Click here when finished...

That was easy!
Okay, now it's time to post your first story!

The screenshot shows the WordPress dashboard for a user named 'Polly'. The top navigation bar includes the site name 'Polly The Travel Frog', a 'Visit Site' button, a 'New Post' button, and the user's name 'Howdy, Polly 999 | Turbo | Log Out'. A green arrow points from the 'New Post' button to a callout box that says '1. Click here to start a new post..'. Another green arrow points from the user's name to a callout box that says 'You should see your Polly name here...'. The dashboard layout includes a left sidebar with menu items like 'Dashboard', 'Posts', 'Media', 'Comments', 'Profile', 'Tools', and 'Contact'. The main content area features a 'Right Now' widget with statistics: 186 Posts, 325 Comments, 3 Pages, 325 Approved, 59 Categories, and 29 Tags. Below this is a 'QuickPress' widget with fields for 'Title', 'Content', and 'Tags', and buttons for 'Save Draft', 'Reset', and 'Submit for Review'. The 'Recent Comments' widget is partially visible at the bottom.

WordPress Dashboard for Polly The Travel Frog

Navigation: [New Post](#) | [Howdy, Polly 999 | Turbo | Log Out](#)

Dashboard Menu: [Dashboard](#), [Posts](#), [Media](#), [Comments](#), [Profile](#), [Tools](#), [Contact](#)

Right Now
At a Glance

186 Posts	325 Comments
3 Pages	325 Approved
59 Categories	○ Pending
29 Tags	○ Spam

Theme **Polly** with **0** Widgets
You are using **WordPress 2.9.2.**

QuickPress

Title:

Upload/Insert:

Content:

Tags:

Buttons: [Save Draft](#) | [Reset](#) | [Submit for Review](#)

Recent Comments

Add New Post












1. Enter the title of your story here...
Always include your Polly's Name.












For example:
Polly #999 Visits Harpers Ferry, WV

3. Click this little box to add a picture...

Upload/Insert    

Visual HTML

B *I* ABC          ABC  

Paragraph            

2. Enter your story in this field. Unless you are an HTML guru, I highly suggest that you keep the setting on "Visual", rather than "HTML". Your story can be as long or short as you want. When you would like to add a picture click on #3. You can add as many pictures as you want, but they need to be added one at a time.

Pictures bring your story to life, so all posts must include at least one picture. Thanks!

A word or two about adding pictures...

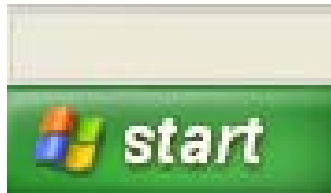
Pictures need to be re-sized before they can be uploaded to the site! (2 MB or smaller)

This can easily be done several ways:

1. Before taking a Polly picture adjust your camera to the lowest image setting. Of course all cameras are different, but to give you an idea of how easy it is to change the setting, I will explain my camera...

- I turn my camera on and click the “menu button”
- “Image Mode” appears at the top of the screen and I click “640” which is the smallest setting on my camera.
- When I am finished taking “Polly pictures” I switch the image mode back to a higher quality setting.
- When you adjust the camera setting, you DO NOT need to re-size the picture later! Yeah!

2. If you opt not to change the setting on your camera, you can re-size the pictures by yourself. There are many programs available to do this task, but the “Paint Program” is the simplest way to do it if you only have a few pictures to change.



To find the Paint Program click...

1. Start (on desktop nav bar)
2. Programs
3. Accessories
4. Paint

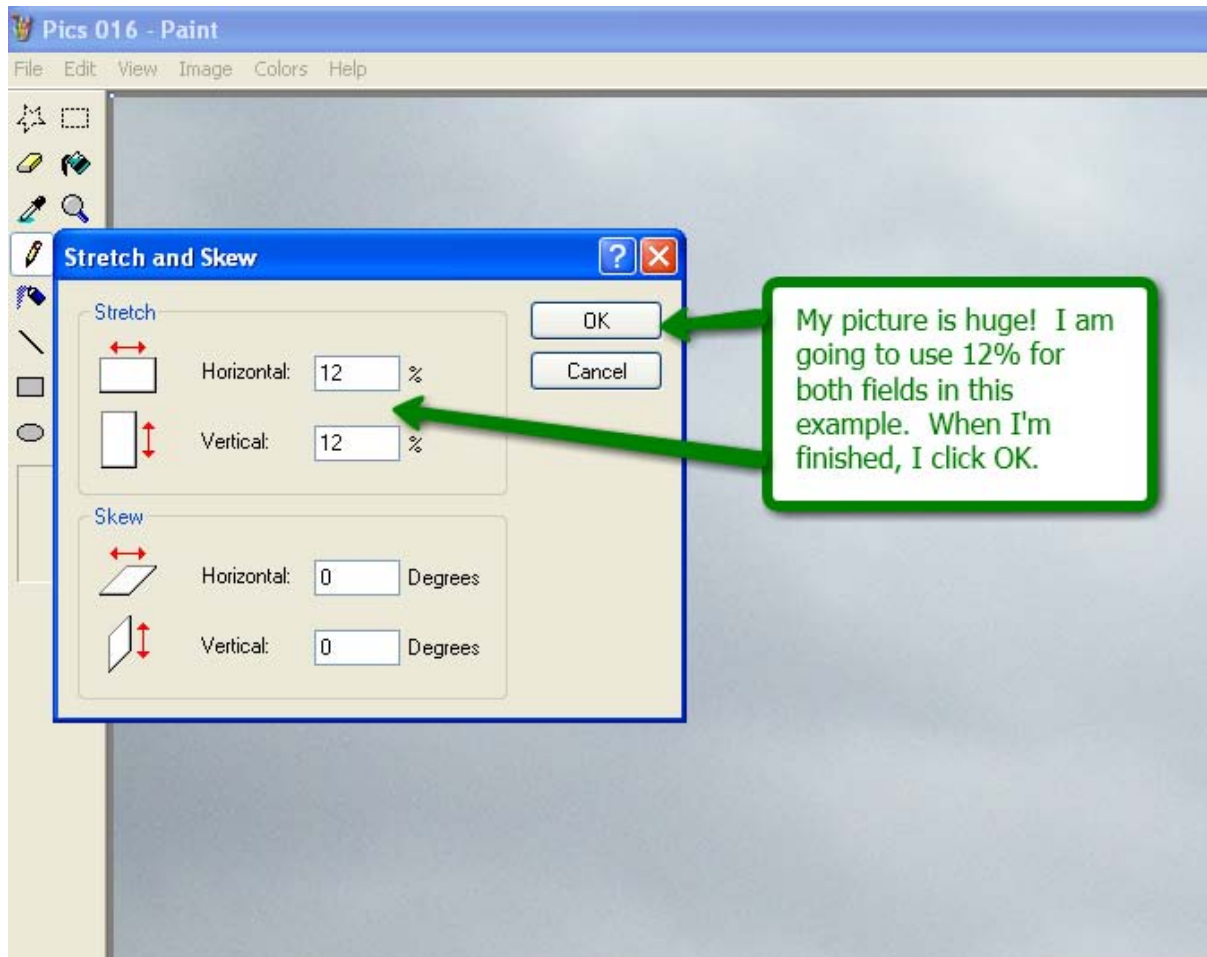
Once in the program click...

1. File
2. Open
3. Find the picture you want to re-size

Then click...

1. Image
2. Stretch/Skew

Depending on how large your picture is to begin with, will dictate what you enter into the stretch horizontal/vertical fields. For very large pictures I use 12% for both fields. You will have to experiment a bit with this. If you make a mistake click....Edit... Undo. Then start over...



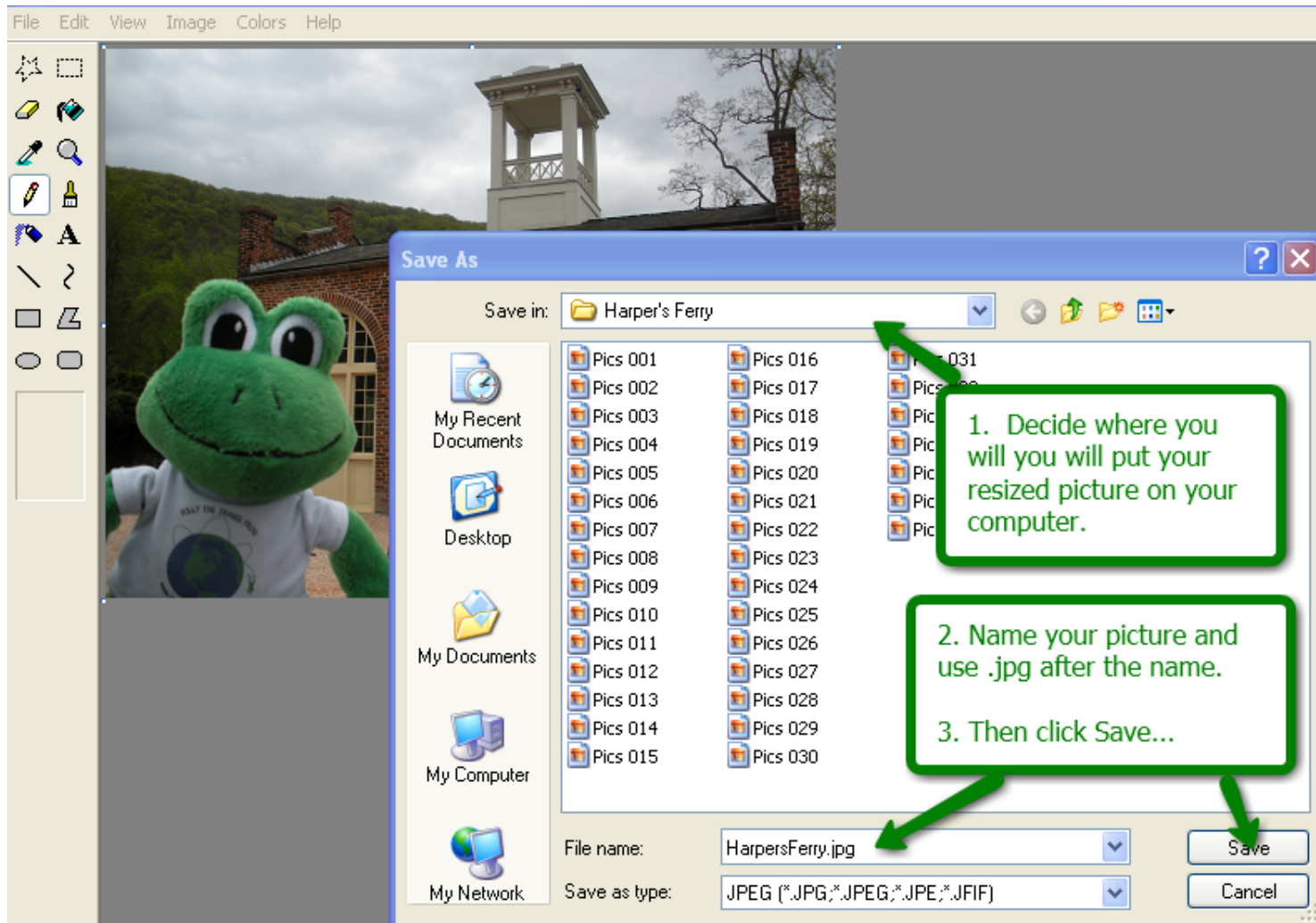
Pics 016 - Paint

File Edit View Image Colors Help



When I'm finished, it looks like a 4x6 picture or slightly smaller. This isn't an exact science but it works for me every time!

Now click.....File....Save As...



You have re-sized a picture!

- That method works well if you have a few pictures to re-size. If you want to quickly re-size an entire batch at a time, I recommend downloading a program to handle that task (there are many available to download for free on the internet!)
- And of course you may have a program that does this on your own computer already!

Adding Pictures...

Add an Image ✕

From Computer From URL Media Library

Add media files from your computer

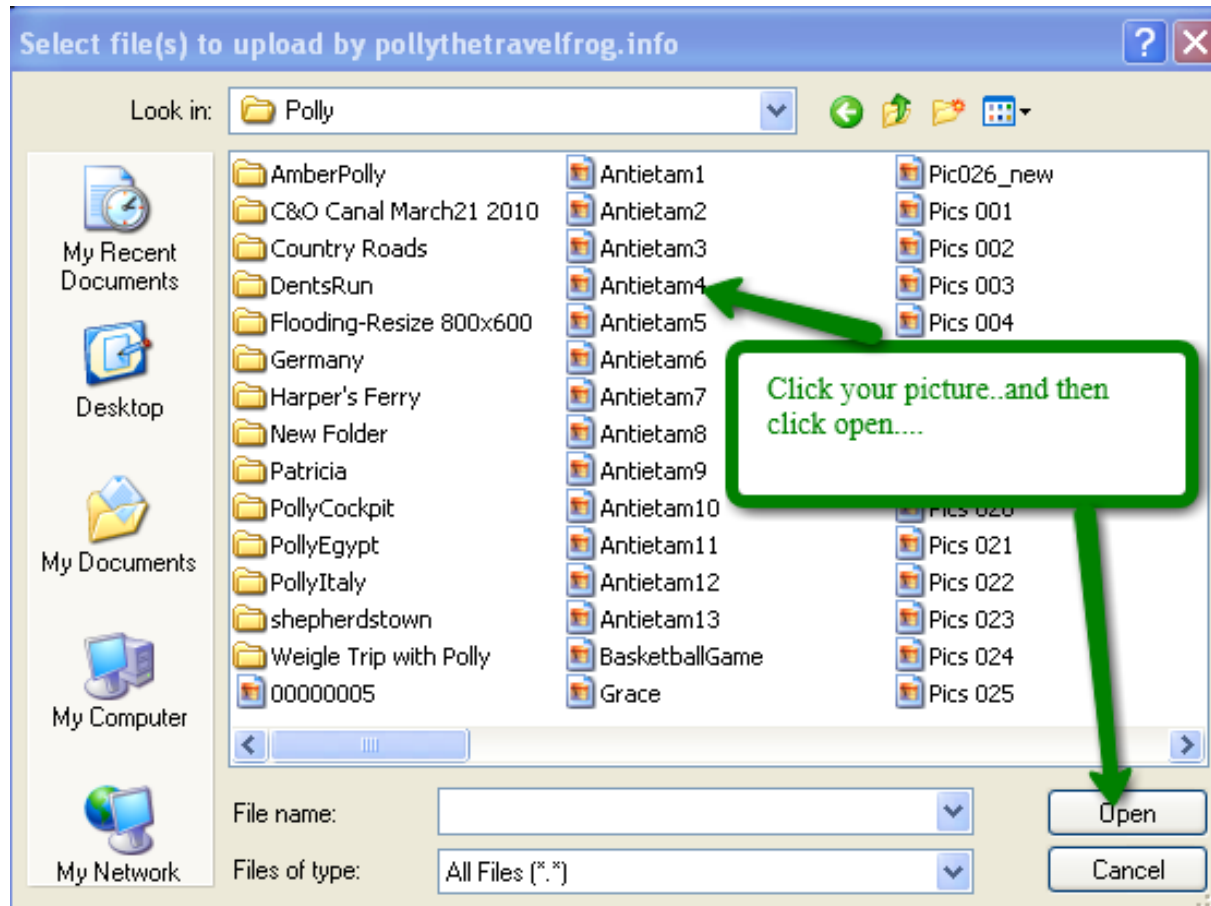
Choose files to upload **Select Files** Cancel Upload

You are using the Flash uploader. Problems? Try the [Browser uploader](#) instead.

After a file has been uploaded, you can edit titles and descriptions.

Click here to add a picture...

Find Your Re-sized Picture...



Add an Image ✕

From Computer

From URL

Media Library

Add media files from your computer

Choose files to upload

Select Files

Cancel Upload

You are using the Flash uploader. Problems? Try the [Browser uploader](#) instead.


After a file has been uploaded, you can add titles and descriptions.

100% Pics 016.jpg

Crunching...

Wait for picture to upload and "crunch"

Add an Image ✕



Title *

Alternate text
Alt text for the image, e.g. "The Mona Lisa"

Caption

Description

Link URL

Enter a link URL or click above for options

Alignment None Left Center Right

Size Thumbnail Medium Large Full size
(150 × 150) (300 × 225) (1024 × 768) (3648 × 2736)

1. Edit image if needed

2. Add a comment. (This helps tell your story!)

3. Choose Alignment
4. Choose Size

5. When finished-Click here...

If you like your picture (size, placement, etc.) – continue with your post. If you need to make changes, see below...

The image shows a screenshot of the WordPress 'Add New Post' editor interface. The title 'Add New Post' is at the top left. Below it is a text input field. To the right of the text field is an 'Edit' button. Below the text field is a 'Permalink: http://...' field. Below the permalink field is an 'Upload/Insert' button. Below the 'Upload/Insert' button is a toolbar with buttons for Bold (B), Italic (I), and ABC. Below the toolbar is a 'Format' dropdown menu. Below the 'Format' dropdown menu is a preview area showing a small image of a landscape. To the right of the preview area is a 'Click here to delete picture...' callout box with a green arrow pointing to a red 'X' icon. Below the 'Click here to delete picture...' callout box is another callout box with a green arrow pointing to the image itself, containing the text 'In this case, my picture is too big and I want to re-size it, so I will click here.' To the right of the main editor area is a 'Publish' sidebar with a 'Save Draft' button, 'Status: Draft', 'Visibility: Public', and a 'Move to Trash' button. Below the 'Publish' sidebar is a 'Post Tags' section with an 'Add new tag' input field, a 'Separate tags with commas' instruction, and a 'Choose from the most used Tags' link. Below the 'Post Tags' section is a 'Categories' section.

rd

Add New Post

Permalink: http://... Edit

Upload/Insert

B *I* ABC

Format

Run your mouse along the upper left side of the picture if you want to delete or change the picture.

Click here to delete picture...

In this case, my picture is too big and I want to re-size it, so I will click here.

Publish

Save Draft

Status: **Draft**

Visibility: **Public**

[Move to Trash](#)

Post Tags

Add new tag

Separate tags with commas

[Choose from the most used Tags](#)

Categories

130%
120%
110%
100%
90%
80%
70%
60%

1. Change the size of the picture by clicking here and picking the new size that you want.

Alignment None Left Center Right

Edit Image Title

2. Alignment can be changed
3. Caption can be changed

Edit Image Caption

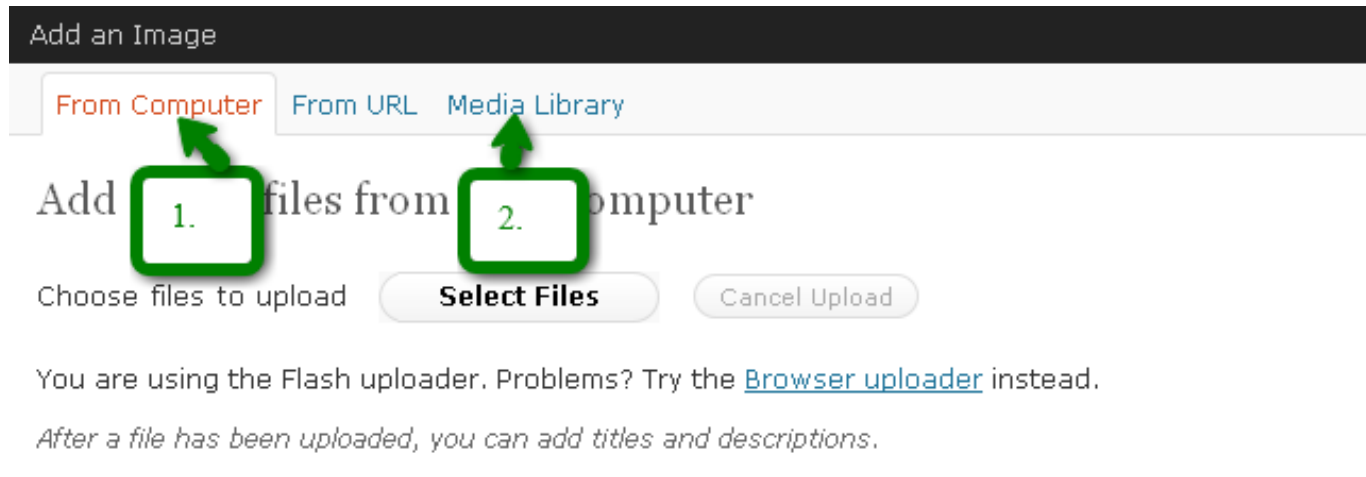
Link URL

Enter a link URL or click above for presets.

4. When you are finished click here to update your picture...

Remember the little picture box (Upload/Insert)?

Click it to get to this screen...



Add an Image

From Computer From URL Media Library

Add 1. files from 2. computer

Choose files to upload **Select Files** Cancel Upload

You are using the Flash uploader. Problems? Try the [Browser uploader](#) instead.

After a file has been uploaded, you can add titles and descriptions.

If you delete a picture from your post and decide you really wanted to use it....don't panic! It's located in "Media Library".

Click #1 if you need to upload the picture from your computer for the first time.

Click #2 if you already uploaded the picture and want to use it again.

If you're happy with your story and pictures, it's time to add post tags and check categories. These two steps are very important, as it will allow your readers (and you too!) to find your stories!



Site of John Brown's Famous Raid--Harpers Ferry, West Virginia

Path: p » div.mceTemp mceLEcenter » dl.wp-caption aligncenter » dt.wp-caption-dt

Word count: 0

Draft Saved at 2:48:30 am.

Excerpt

Post Tags

Add new tag

Add

Separate tags with commas.

✕ Polly 999

[Choose from the most used tags in Post Tags](#)

Categories

All Categories

Most Used

Yemen

North America

USA

Florida

Hawaii

Maryland

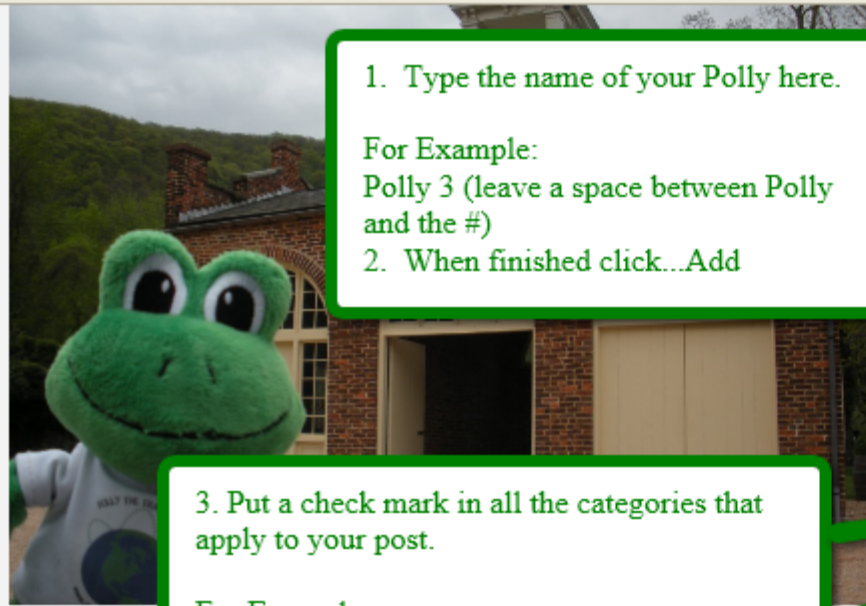
Massachusetts

New York

North Carolina

Ohio

Pennsylvania



1. Type the name of your Polly here.

For Example:
Polly 3 (leave a space between Polly and the #)

2. When finished click...Add

3. Put a check mark in all the categories that apply to your post.

For Example:
For my post I would check North America, USA, and West Virginia. (you can't see the last one in this screen shot.)

Post Tags

Separate tags with commas.

Polly 999

[Choose from the most used tags in Post Tags](#)

Categories

All Categories **Most Used**

- North America
- USA
- Florida
- Hawaii
- Maryland
- Massachusetts
- New York
- North Carolina
- Ohio
- Pennsylvania

Path: p » div.mceTer
Word count: 0

Excerpt

More about categories...

- ~Please don't pick "Rest of the World" as your category. This is the default category in case you forget to pick a category and it alerts us to pick one for you.
- ~If you visit a country and/or state that isn't yet in the category selection, mark the continent and we will add the country/state for you. Yeah! This means you're probably the first person to travel to that particular location with a Polly Frog!
- ~Don't forget to click the categories for "Famous People" or "Famous Landmarks" if that applies to you.

For example:

If you visited the Statue of Liberty, you would click:

North America, USA, New York, Famous Landmarks

You're almost finished!

1. If you want to work on your story later click "Save Draft".

2. Anytime while you are working on your story, you can click "Preview" to see how everything looks. I use the preview button a lot!

3. When everything looks the way you want it to, click "Submit for Review". Keep in mind that once you click this tab, you can no longer make changes to your story.

The screenshot shows the WordPress 'Add New Post' interface. At the top right, there are 'Screen Options' and 'Help' buttons. The main heading is 'Add New Post'. Below it, the title 'Polly visits...' is visible. The 'Publish' section contains 'Save Draft' and 'Preview' buttons. The status is 'Draft'. Below the 'Publish' section, there is a 'Submit for Review' button. The bottom part of the image shows a preview of a post with a green frog character in front of a brick building.

Congratulations! You just posted your first Polly Story!

There are three main way to find your stories after they have been approved ...



1. Look for your new post under "Recent Posts".

Recent Posts

- [Waiting for Our Ducks and Butterflies!](#)
- [Russian Singers!](#)
- [Polly #14 at the Great Wall of China](#)
- [Mother's Day 2010](#)
- [Welcome Polly #19](#)
- [Getting Ready For Next Year Kept Us Hoppin'](#)

irst off, take a good look at me. If you so a *travel frog*. I'm always wearing a reen. At one time I lived a happy but ad when I met two wonderful women 'el, and now I'm always ready for the

2. Find it by clicking on a category...

Categories

Africa

➤ [Egypt](#)

➤ [Morocco](#)

Asia

➤ [China](#)

Caribbean

➤ [Bonaire](#)

Classrooms

➤ [Hamman Class](#)

➤ [Huff Class](#)

➤ [Schneider Class](#)

3.
You can find all of
your stories by
clicking on the
name of your Polly

Frequent Flier Polly

[Polly 2](#) [Polly 3](#) [Polly 4](#) [Polly 5](#)

[Polly 7](#) [Polly 8](#) [Polly 9](#) [Polly](#)

[11](#) [Polly 12](#) [Polly 14](#) [Polly 15](#)

[Polly 16](#) [Polly 17](#) [Polly 18](#)

[Polly 19](#) [Polly 20](#) [Polly 21](#)

[Polly 23](#) [Polly 27](#) [Polly 28](#)

[Polly 29](#) [Polly 30](#) [Polly 32](#)

[Polly 35](#) [Polly 40](#)

Thanks for posting!



Where are you taking Polly next?

Do you have problems remembering your logins & passwords?

- Do you use “safe” passwords like Bobby7? (Bobby being the name of your seven year old son!) or maybe 123GoDallas.
- Do you use the same password over and over for EVERYTHING, so you won't forget it?
- Do you write your passwords down so you won't forget them? Better yet, do you store a list of passwords on your computer?

STOP! Your accounts can and will be hacked!

Security breaches, password hacking, and fraud—the results can be horrifying especially when it involves your money and personal information. You've been told to pick a strong password, but what does that really mean?

Can you remember a password like:

4G##K1gw09joqm

RoboForm Can! [Download it for free!](#)



I absolutely love this program! I only have to remember one secure master password & the program generates new passwords for all of my of accounts to keep them safe! It has made my computer time so much easier!